

Swarland Primary School Newton on the Moor

Morpeth Northumberland NE65 9JP Telephone/Fax (01670) 787346 Email:admin@swarland.northumberland.sch.uk



1<sup>st</sup> February 2024

Dear Parents,

# Children's Mental Health Workshop

On Thursday 15<sup>th</sup> February, we will be hosting a workshop for parents regarding Children's mental Health & Well Being. It is being led by a trained mental health practitioner from the Be You project in Alnwick. Places must be booked via the School Office. The session will run from 1:10-3:10pm at school.

Past participants described the workshop facilitator as "engaging and clear"; "brilliant! Very helpful and informative"; "full of information, welcoming", "very friendly, approachable and knowledgeable".

Areas covered will include -coping strategies, strategies for addressing worry, where to go for help, tips, working through factors which can affect how a child is feeling and why and recognising signs when a child might need extra help.

# <u>Safer Internet Day</u>

On Tuesday 6<sup>th</sup> February, children will be marking Safer Internet Day. This is a great opportunity to discuss using the internet safely at home and at school. This website may provide valuable information regarding internet safety for parents <u>https://www.thinkuknow.co.uk/parents/</u>

### Forest School Kit

All children in school will be taking part in Forest School activities on the afternoon of 8<sup>th</sup> February. Please could you ensure that they have their Forest School kit and wellies to change into on this day.

### Parent Consultations

Parentmail bookings are being taken for appointments via telephone or face to face on February 8<sup>th</sup> 1-6pm. Please note Mrs Stocks does have additional dates on the afternoon of Wednesday 7<sup>th</sup> February. They can be booked via the School Office.















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# Kingswood Residential Meeting For Parents

On Monday 26<sup>th</sup> February 3:30pm there will be a meeting for parents of Year 3 and Year 4 children attending the Kingswood residential. This will be an opportunity to meet the organisers and ask any questions regarding the trip.

# Promoting Pleasure In Reading - Author Visit, World Book Day & Book Fair

On Thursday 1<sup>st</sup> February, Taffy Thomas will be visiting our children to engage them in story telling using tales he has written and published. Taffy is the patron of The Society for Storytelling and is the first Storytelling Laureate.

### Dogs In School Grounds

Following parental concerns please could we politely request that all visitors and parents please keep dogs outside of school grounds for health and safety reasons. Thank you.

### **Dates For Diaries**

Tuesday 6 <sup>th</sup> February	Safer Internet Day
Thursday 8 <sup>th</sup> February	Parent Consultations
Thursday 15 <sup>th</sup> February	KS2 trip to Vindolanda
Thursday 15 <sup>th</sup> February	Child mental health workshop
Friday 16 <sup>th</sup> February	Break up for half term
Monday 26 <sup>th</sup> February	Children come back to school
Monday 26 <sup>th</sup> February	Kingswood meeting for parents

Regards,

Louise Fletcher Headteacher











